



Spring Player/Parent Informational Meeting

Tuesday, April 12, 2022
7pm-8pm
Auditorium





Help us
 Get to know you...
 2022

2022 Lakeville North Volleyball
 Spring Informational Meeting
 Player/Parent Information

Player Information

Name		
Grade Fall 2022		
Address		
Cell Phone		
Email		

Parent Information

Mother's Name		Cell Phone	
		Address	
		Email	
Father's Name		Cell Phone	
		Address	
		Email	

Is it ok to share the above contact information with other players/parents? V or N

Is it ok to share volleyball photos of your child? V or N

Do you currently receive our program emails and follow us on social media (Facebook, Instagram, Twitter)?
 V or N

Please list any/all questions you have regarding the volleyball program, season or booster club:

Agenda 2022

- Program History*
- 2021 Reflection*
- Sponsor Thank You*
- 2022 Program Updates*
- LNHS Volleyball Coaching Staff*
- 2022 Summer Calendar*
- Beach Tournament Fundraiser*
- 2022 Fall Volleyball Tryouts*
- 2022 Events Flyer*
- Sponsor Information and Drive*
- Open Floor: Questions*

Program History

History Milan Mader 1975-2010



State Champions					
2010		2012		2017	
State Tournament Appearances					
1981	1994	2004	2011	1987	2004
1982	1999	2005	2012	1990	2006
1986	2000	2006	2017	2008	2011
1987	2002	2007	2019		
1990	2003	2010	2021		



Championship Runner-Up	
1987	2004
1990	2006
2008	2011

Steve Willingham: 2011

Walt Weaver: 2012, 2013

Jackie Richter: 2014-present

2014-Present



2014: 9-22

2015: 9-20

2016: 21-10
(Section Finals)

2017: 32-2
(State Champs)

2018: 26-5
(Section Finals)

2019: 25-9
(State 5th Place)

2020: 10-2 *COVID season*
(SSC Champions)

2021: 23-11
(State 5th Place)

Philosophy (bigger picture)

“I believe firmly that a coach educates lessons on and off the court through example and with heart; the greater the heart, the more influential the example will be.”
(2003, UMN)

2022 It's not about me.	
<u>Above the Line Championship Team Behaviors – choose to be extraordinary</u>	
Focused:	We will not concern ourselves with our overall record. We are going to focus on mastering the skills to be the absolute best team we can be.
Action:	We are solution-based with our choices. We will seek ways to solve problems (on and off the court).
Response:	We respond to challenges with open body language and a next play response. We allow for three seconds of ‘humanness’ followed by a confident verbal and non-verbal response to the next ball. We fail fast and move on!
Body language:	Warrior pose always. We carry ourselves with a positive, open and confident body language of engagement and connection in every moment.
Give:	Maximum effort always. Chase down effort balls, your body is always in a position to play balls. In both challenge and success, we give vocally to our teammates.
Acceptance:	I accept, tolerate and love my teammate(s) for who they are. I allow them to be their authentic self and I show my appreciation for them.
Committed:	I am committed to all the expectations of the program and this team. Gym time arrival, set up, starting on time ahead of time, strength training, completing assignments, attending class after match days, riding the bus to matches, supporting all the teams in our program (always plugging balls during warm-ups etc.).
Communication:	Respectful (both give and receive), proactive (coaches), supportive (of teammates, program, coaching staff). Team texts are as one. No separate groups of team members.
Attitude:	Positive, coachable, receptive, goal driven.
Time Management:	Religious, Family, Academic and Athletic demands are prioritized. Social opportunities are interwoven when other areas are in balance. Ensuring proper sleep, water and nutrition are a must for success.
Pride in practice:	Warm-ups begin 10 minutes ahead of time, nets and equipment are set up properly, take care of equipment (no throwing balls at ball cart, strings out, equipment not out back in rightful place), all jewelry off, no gum, ALL non-practice layers removed, LNVS t-shirts only.
<hr/>	
Blaming others for my circumstance.	
Complaining about expectations, how you ‘feel’ in the moment, others (teammates, program, coaches).	
Defending yourself in times of struggle (“I thought there was a hole.” “I couldn’t get out there because...”).	
Absence of practice readiness (lateness, distracted conversation, bods, body language reflects the day).	
Being a taker-sheller up when challenged and not talking to teammates (closed body language), not setting up nets, lack of effort.	
Judgement, thinking/seeing/speaking with judgement about teammates, team, coaches, program.	
Choices that do not reflect a team first mentality.	

**Current
Alumni**
in action this fall:
(17)

<u>Name</u>	<u>Year</u>	<u>College</u>
Kennedy Brady	2017	Concordia University
Arianna Barrett	2017	University of WI – Eau Claire
Elizabeth Juhnke	2018	University of South Dakota
Tori Thompson	2018	Minnesota State University Moorhead
Halle Wolfe	2019	Drake University
Justine Bastyr	2020	University of WI – LaCrosse
Maddy Hornyak	2020	University of North Dakota
Abbey Milner	2020	Creighton University
Lexie Petrick	2020	St Kate's University
Emma Strozewski	2020	University of Northwestern
Ella Thompson	2020	South Dakota State University
Ella Wheatcraft	2020	University of St Thomas
Bailey Leeke	2021	University of WI – Eau Claire
Abby Jandro	2021	Fairfield University
Kaitlynn Peterson	2021	Bradley University
Abigail Wherland	2021	University of WI – Eau Claire
Sydney Timm	2021	Gustavus Adolphus



Reflection 2021



Apple Valley, Lakeville, Burnsville, Eagan, Rosemount, Farmington

SUN Thisweek

Monday, April 11, 2022 | Print Editions | Request Delivery

“**Lakeville North** was in the state tournament (2021) for the ninth time in the community’s two-high school era, which started in 2005.

Lakeville South has gone to state twice, meaning a Lakeville team has been there 11 times in the 16 state volleyball tournaments since the school (LHS) split.”



2021 Captains

“Volleyball has taught me to push myself in everything I do, whether that’s everyday tasks, or school. It’s also taught me how to communicate openly with my peers, and people in positions of power.”



Sydney Timm
Gustavus University

“Volleyball has taught me the importance of building real and genuine connections.”



Abby Jandro
Fairfield University



Kaitlynn Peterson
Bradley University

“Volleyball has taught me discipline, commitment, hard work, and perseverance.”



Varsity

10A



9A



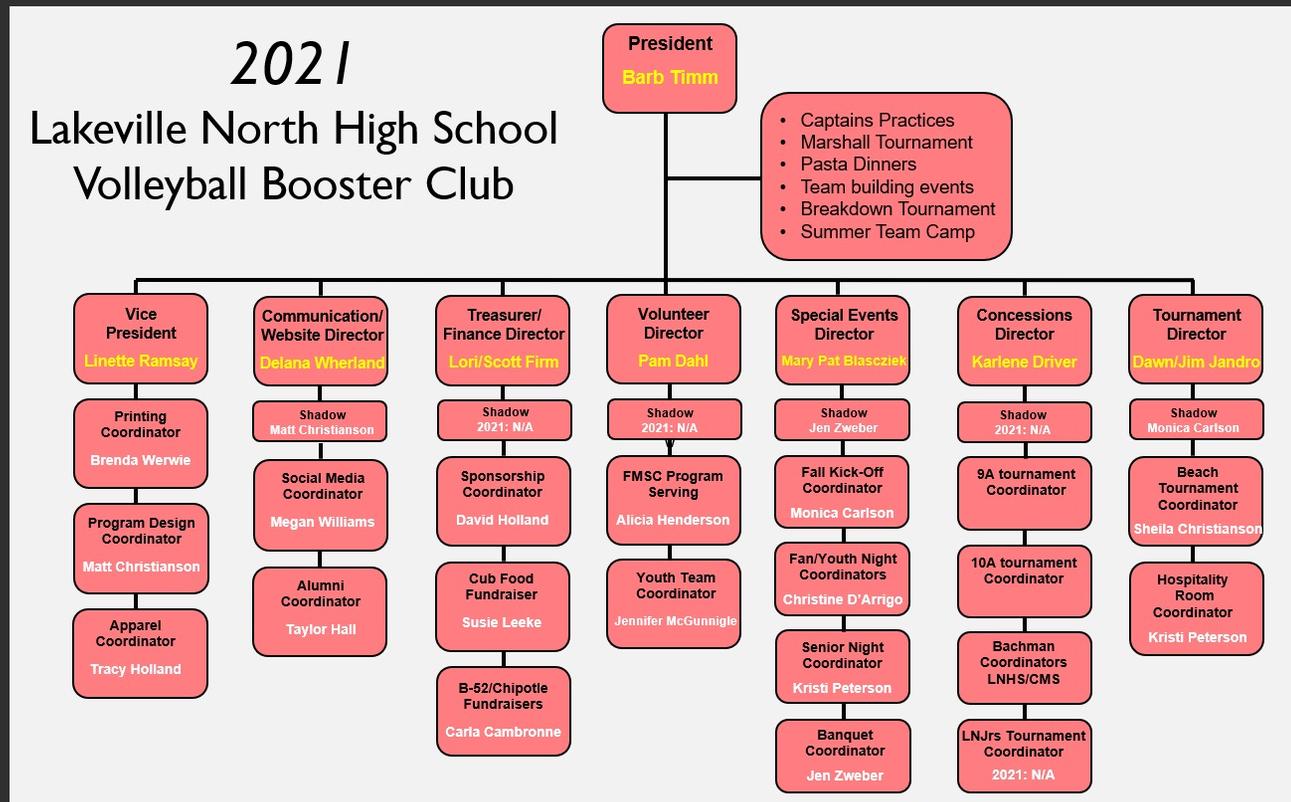
9B



JV

2021 LNHSVB Booster Board

Thank You!



President and 7 Directors (and Shadows) plus 20 Coordinators

Distribute program events (throughout the entire calendar year) between many volunteers

Pre-Season Events 2021



High School Camp



CU Team Camp



Chipotle Fundraiser



Beach Tournament Fundraiser



Youth Camp



Panther Prep

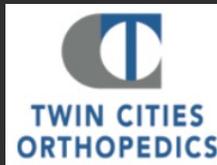
2021 Sponsors

Thank You!

KILL



ACE



BLOCK

Fieldstone Family Homes, Inc

Arcon Solutions

Park Dental, Lakeville

ETS Performance, Lakeville

Luminate Home Loans

UR: The Urgency Room

DIG

B-52 Restaurant

Arnold Orthodontics

Dakota Valley Oral & Maxillofacial Surgery

Summergate

Lakeview Bank

Culver's

Northern Taphouse

Turning Leaf Chiropractic

2022

loading...



The **purpose** of the LNHSVBBC is to promote the sport of girls' volleyball for the student-athletes of Lakeville North High School.

The **objective** of the LNHSVBBC is to support the long-term growth of the volleyball program and ensure that the students have the proper training, equipment and facilities in which to learn and compete.

Program Updates

Boosters

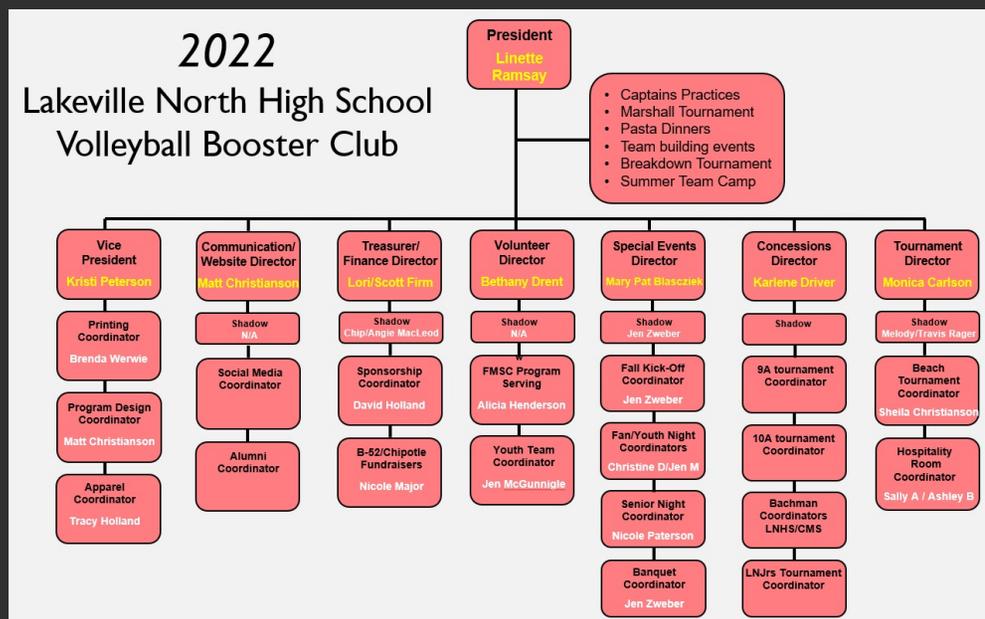
Open positions:

Alumni Coordinator

Concessions Director Shadow

Sponsorship Coordinator Shadow

LNJrs Tournament Concessions Coordinator



Program Updates

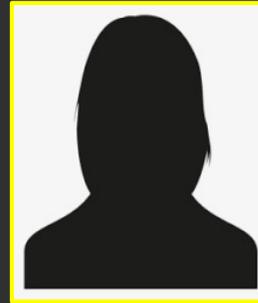
Boosters (continued)

A grateful “Thank You” to our 2022 LNVB Booster Board Directors (and Coordinators). The LNHSVB Boosters meet once-a-month in the offseason and twice-a-month during the season to successfully prepare for all LNHSVB in-season and off-season events. This group of dedicated parents are committed to making our events and program the strongest they can be by working cooperatively and cohesively throughout the calendar year. All 2022 Director positions are currently filled! Please reach out to any of our LNHSVB Directors with your interest and availability for the 2022 Panther season.

President	Linette Ramsay	linetteramsay@yahoo.com
Vice President	Kristi Peterson	detlef10@me.com
Finance Director	Lori/Scott Firm	loriafirm@yahoo.com
Communications Director	Matt Christianson	Christianson.matt@gmail.com
Concessions Director	Karlene Driver	kmdriver@aol.com
Tournament Director	Monica Carlson	monicac0622@gmail.com
Special Events Director	Mary Pat Blasczick	blasfam6@gmail.com
Volunteer Director	Bethany Drent	Bethany.drent33@charter.net

Panther Coaching Staff

2022



Jackie Richter

Head Varsity

612-597-5328

JackieRichterLNVB@gmail.com

David Laufenburger

Varsity Assistant

612-325-9496

David.Laufenburger@isd194.org

Kari Raymond

Varsity Assistant

612-807-0671

Kari.Raymond@isd194.org

Bonnie Sperbeck

Head JV

952-212-3377

Bonnie.Sperbeck@isd194.org

TBA

Head 10A

Alison Henze

Head 9A

952-334-0713

Alison.henze@gmail.com

Brett Johnson

Head 9B

952-212-3205

brettjohnson@edinarealty.com

Program Updates

Leadership Program

2022 Leadership Program



The Lakeville North Leadership Program aims to provide an opportunity for self-discovery and development. The goal of each meeting is to provide information, stimulate discussion and participate in activities that will impact both perspective and growth in leadership.

Who: Open to anyone interested in individual growth and development

Where: Room location will be announced soon

When: **3:00pm-4:15pm** on the following dates:

- Thursday, February 3, 2022
- Thursday, March 3, 2022
- Thursday, April 7, 2022
- Thursday, May 5, 2022
- Thursday, June 2, 2022
- Thursday, July 14, 2022

For more information or questions, contact Coach Jackie at JackieRichterLNVB@gmail.com.

"True leadership is servanthood. Put the interests of others at the center of your decisions."
- Robert K. Greenleaf

2015: 5 Participants
2016: 9 Participants
2017: 14 Participants
2018: 21 Participants
2019: 30 Participants
2020: 32 Participants
2021: 42 Participants

Topics Covered Include:

- *Simon Sinek: Leadership Explained*
- *Simon Sinek: How To Be A Leader*
- *Simon Sinek: Change The Way You Look At Things*
- *Change Chain*
- *Panther Alumni in June*
- *And more....*



Thank You Volunteers



Saturday, April 9th

Approximately 1400-1500 in attendance

Traffic control, signage, concessions, score table,
greeters, announcing, set up and takedown.



Program Updates

Saturday, April 30th
Lakeville North High School

Go to: <https://panther-volleyball.com/volunteer>

*Concessions:
LNJrs end-of-season
tournament*



Events & Opportunities

2022
Summer



Summer June

June 2022						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 LEADERSHIP MEETING 3-4:15pm RM 212	3	4
5	6	7	8 BOOSTER MEETING 6:30-8pm RM 212	9	10	11
12	13 ETS 7am-8:30am	14 ETS 7am-8:30am	15	16 ETS 7am-8:30am	17	18
19	20 ETS 7am-8:30am	21 ETS 7am-8:30am	22	23 ETS 7am-8:30am	24	25
26	27 ETS 7am-8:30am	28 ETS 7am-8:30am	29	30 ETS 7am-8:30am		

Strength Training ETS



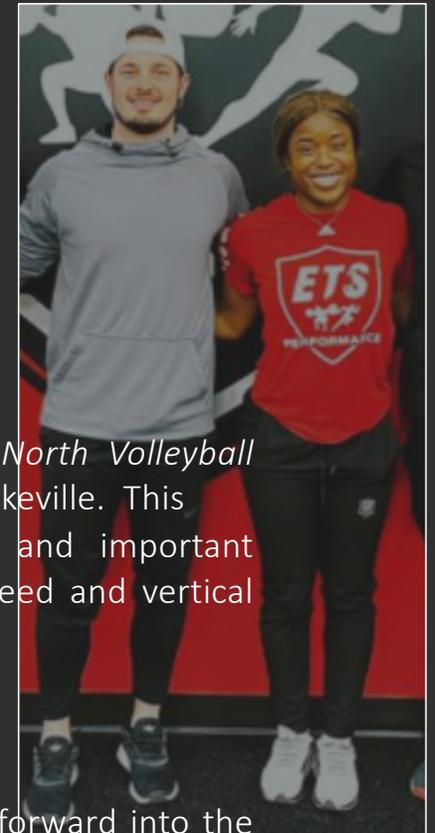
<https://etsperformance.gymmasteronline.com/portal/membership/9b2de48bf8d0ad16d6cd45c9bd5efe9e>

You are encouraged and invited to register for the *Lakeville North Volleyball Summer Strength Training Program* led by certified staff at ETS Lakeville. This 8-week program, running June to August, is an excellent and important opportunity to develop your strength, agility, explosiveness, speed and vertical before fall tryouts arrive on Monday, August 15, 2022.

Full Session (6/13-8/11) Club Session (7/11-8/11)

Summer strength training begins to lay the foundation moving forward into the fall. Connection and training is accomplished working together with support and through challenge. All players, grades 7-12, are welcome to register.

Trevor Morning
Erica Kesseh



Summer July

July 2022						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 No Commitment Week 
3 No Commitment Week 	4 No Commitment Week ETS 7am-8:30am 	5 No Commitment Week ETS 7am-8:30am 	6 No Commitment Week 	7 No Commitment Week ETS 7am-8:30am 	8 No Commitment Week 	9
10 Panthers POP Beach Tournament	11 ETS 7am-8:30am	12 ETS 7am-8:30am	13	14 ETS 7am-8:30am LEADERSHIP MEETING 3-4:15pm RM 212	15 McCutcheon Team Camp	16 McCutcheon Team Camp
17 McCutcheon Team Camp	18 YOUTH CAMP ETS 7am-8:30am	19 YOUTH CAMP ETS 7am-8:30am	20 YOUTH CAMP	21 YOUTH CAMP ETS 7am-8:30am	22	23
24	25 HIGH SCHOOL CAMP 9-12pm & 1-3pm NO ETS	26 HIGH SCHOOL CAMP 9-12pm & 1-3pm NO ETS	27 HIGH SCHOOL CAMP 9-12pm & 1-3pm	28 HIGH SCHOOL CAMP 9-12pm & 1-3pm NO ETS	29 Program-building Rick Rassier	30 Concordia Team Camp
31 Concordia Team Camp						

Beach Tournament Fundraiser

Sunday, July 10
Antler's Park
7:00am Court Setup

Volunteer Link provided soon

All-Hands On Deck Fundraiser



The flyer features a red and white diagonal background. At the top left is the Lakeville North Panthers Volleyball logo, which includes a volleyball and the letters 'LN'. At the top right is the 'PAT-O-PROG' logo for the Lakeville Summer Festival. The main title '2022 PANTHER BEACH VOLLEYBALL TOURNAMENT' is written in large, bold, white letters. Below the title, it says 'A fundraiser to benefit Lakeville North Volleyball'. The event details are listed as 'SUNDAY JULY 10TH 9AM ANTLERS PARK LAKEVILLE RAIN OR SHINE'. A silhouette of a volleyball player is shown in the center. The 'FEATURES' section lists: Music and DJ/Announcer during Play!, 4 players per team, 48 teams / 12 courts / 4 divisions, Youth (8th grade and below as of Fall 2022), and High School. The 'COST & REGISTRATION' section lists: Sunrise: \$100 /team - before 5/31/2022, Standard: \$115/ team, and Late: \$125/ team - after 7/1/2022. The 'OFFERING' section lists: Raffles & Food Trucks and Spike Ball & Bags Tournament. A QR code is in the bottom right corner. At the bottom, it says 'Register www.panther-volleyball.com' and a small disclaimer: 'This flyer is not printed by District 194 nor is the event, activity, program or service sponsored or endorsed by District 194.'

LAKEVILLE NORTH PANTHERS VOLLEYBALL

2022 PANTHER BEACH VOLLEYBALL TOURNAMENT

A fundraiser to benefit Lakeville North Volleyball

SUNDAY JULY 10TH
9AM
ANTLERS PARK
LAKEVILLE
RAIN OR SHINE

FEATURES

- * Music and DJ/Announcer during Play!
- * 4 players per team
- * 48 teams / 12 courts / 4 divisions
- * Youth (8th grade and below as of Fall 2022)
- * High School

COST & REGISTRATION

- Sunrise: \$100 /team - before 5/31/2022
- Standard: \$115/ team
- Late: \$125/ team - after 7/1/2022

OFFERING

- Raffles & Food Trucks
- Spike Ball & Bags Tournament

* Community A-Competitive
* Community B-Recreational
* Accepted Coed ratios include (female/male) 4:0, 3:1, 2:2

Division winners receive Championship T Shirts.
Community A and B divisions also win \$100

Register www.panther-volleyball.com

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BEACH TOURNAMENT REGISTER A TEAM

Beach Tournament Fundraiser (continued)

2021 LNSB Panther Pan-O-Prog Beach Volleyball Tournament	
Coed Quads Registration	
Date:	Sunday, July 11 th , 2021 (play starts 9:00am; captain check-in 8:15am)
Location:	Antler's Park, 7702 20 th St. N., Lakeville, MN 56044
Division:	Coed (tournament capacity is restricted. First come, first served basis.)
Divisions:	Youth, High School, Community A/B (2 combined members per division)
Accepted Coed ratios include (female/male):	4/6, 3/3, 2/2
Entry Fee:	Early Bird (registrations received up to July 05 09:00): \$100.00 per team Standard (registrations received after 9:00:00): \$125.00 per team Saturday (registrations received after 07:00:00): \$125.00 per team
<p><input type="radio"/> Youth: Full 2021 players, 19+ grade and below, and/or age 13 and younger.</p> <p><input type="radio"/> High School: Full 2021 high school students registered to have high school and/or club experience.</p> <p><input type="radio"/> Community A: Players 18+ of age and older who have strong high school, college or league experience.</p> <p><input type="radio"/> Community B: Players 18+ and older who have minimal volleyball playing experience.</p>	
<p>Youth (18 teams) vs. High School (14 teams) vs. High School (8 teams) vs. Community A (8 teams) vs. Community B (8 teams) vs. non-registered</p>	
Team Name:	
Team Captain: (gender) M or F	Team Member #1: (gender) M or F
First Name: _____	First Name: _____
Last Name: _____	Last Name: _____
Date of Birth: _____	Date of Birth: _____
Address: _____	Address: _____
City: _____	City: _____
State: _____	State: _____
Zip: _____	Zip: _____
Email: _____	Email: _____
Cell Phone: _____	Cell Phone: _____
Team Member #2: (gender) M or F	Team Member #3: (gender) M or F
First Name: _____	First Name: _____
Last Name: _____	Last Name: _____
Date of Birth: _____	Date of Birth: _____
Address: _____	Address: _____
City: _____	City: _____
State: _____	State: _____
Zip: _____	Zip: _____
Email: _____	Email: _____
Cell Phone: _____	Cell Phone: _____
Team Member #3: (gender) M or F	Team Member #4: (gender) M or F
First Name: _____	First Name: _____
Last Name: _____	Last Name: _____
Date of Birth: _____	Date of Birth: _____
Address: _____	Address: _____
City: _____	City: _____
State: _____	State: _____
Zip: _____	Zip: _____
Email: _____	Email: _____
Cell Phone: _____	Cell Phone: _____
<p>REGISTRATION QUESTIONS MAY BE DIRECTED TO JACKIE ROCHTER, AT: jackie@lsvb.com or 952-991-0228</p> <p>Send Bill payment and registration to: Panther Beach Volleyball Tournament c/o Jackie Rochter - Head Coach 1779 Cliff Road, Spring Lake, MN 56322</p> <p>Consentation requests will not be honored after Friday, June 25, 2021.</p> <p>This form is prepared by LNSB. Please do not reuse without approval. All rights reserved. © 2021 LNSB</p>	

There will be three divisions of play (Youth, High School, Community (A and B)) at the 7th annual Panther Beach Tournament on July 10th at Antler's Park.

Each division has spots for 16 teams (teams are accepted on a first-come, first-served basis). A Lakeville North volleyball player may choose to volunteer by competing on a team with three other non-Lakeville North teammates (this guideline is to ensure the tournament has enough non-competing player volunteers).

Players competing in the tournament will also assist the program in tournament setup and teardown. The Lakeville North Volleyball program 'Thanks You' for your commitment to this important fundraising event. Mark your calendars as this is a LOT of fun!

Camp Youth



LNVB

volleyball
camp | 2022



Strengthen Your
Game With the

North Panthers

Register Online....

OR

Mail to....

<https://panther-volleyball.com/camps/2022-lnvb-youth-camp/>

1779 Cliff Road
Eagan, MN 55122

Camp Registration Form

Name _____

Address _____

Phone _____

Email _____

School _____

Age _____ Birthday _____ Grade (fall '22) _____

Team(s) Played for include: _____

Parent(s)/Guardian Name(s) _____

Phone _____

Amount Enclosed \$ _____ T-Shirt Size: (youth) YS YM YL (adult) S M L

Session Attending:

_____ Grades K-4 Elementary Youth Camp, 7/18/22 – 7/21/22
9am-11am at LNHS North Gymnasium

Camp Cost: \$105.00 per camper

_____ Grades 5-7 Middle School Youth Camp, 7/18/22 – 7/21/22
1pm-4pm at LNHS North Gymnasium

Camp Cost: \$130.00 per camper

Send full payment, check payable to
Lakeville North Volleyball Booster Club
with registration and medical release to:

Lakeville North Volleyball Camp
c/o Jackie Richter – Head Coach
1779 Cliff Road
Eagan, MN 55122

Contact Coach Jackie at JackieRichterLNVB@gmail.com or (612) 597-5328 with questions

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Medical info and Release

Emergency Contact _____

Relationship _____

Emergency Cell _____

Health Concerns/Injuries/Medications:

Allergies _____

Date of Most Recent Physical _____

Physician Phone _____

Medical Treatment Consent & Release Authorization

We, the undersigned for ourselves, our heirs, executors and administrators, waive, release and forever discharge Lakeville North and its staff, officers, employees and representatives of harm of rights and claim for damages, injuries or loss of property which may be sustained or occurred during participation in camp activities. I grant permission to the Lakeville North volleyball camp staff to render any preventative measures, basic first aid, acute injury treatment deemed reasonable and necessary during camp.

(Signature of Parent/Guardian)

(Date)



State Tournament Appearances:

1981, 1982, 1986, 1987, 1990, 1994,
1999, 2000, 2002, 2003, 2004, 2005,
2006, 2007, 2010, 2011, 2012, 2017,
2019, 2021

State Championships:

2010, 2012, 2017

Camp High School

2022 Lakeville North Panther Volleyball Team Camp

Welcome Guest Clinician
Kim Wudi



To challenge and impact
Lakeville North's 2022 volleyball program

Coach Wudi will enter her 16th season as Head Coach at the University of Wisconsin-Eau Claire in the fall of 2022. Wudi is a four-time WIAC Coach of the Year recipient, AVCA Midwest Region Coach of the Year recipient, and the AVCA Dill Coach of the Year. In 2021, Coach Wudi led the Bugolds to a NCAA DIII National Championship. The Bugolds have advanced to the National Tournament nine times throughout her tenure (including a 2021 National Championship and a 2018 Final Four finish). Coach Wudi served as Director for the Eau Claire Air Volleyball Club from 2006-2011, and now serves as a Club Consultant. She has been a part of the Northwest Regional Representation, Badger Region Volleyball Board of Directors (since 2012), and is a part of the American Volleyball Coaches Association DIII Head Coaches Committee. Wudi earned the USA Volleyball Service Award for Outstanding Female Coach in 2005 and the USA Volleyball Robert L. Lindsay Meritorious Service Award in 2006. Coach Wudi was a three-time All-Conference Setter for the Bugolds from '96-'99 leading the program to a 101-40 record.

- What:** Coach Kim Wudi and the LNHS volleyball coaching staff will work in unison to provide a four-day camp designed to help each player improve her individual technique and team concept skills.
- Who:** All returning and interested players, grades 8th – 12th for the 2022 fall volleyball season.
- When:** Monday, July 25th – Thursday, July 28th from 9am-12pm and 1pm-3pm.
- Where:** Lakeville North High School (North & South gymnasiums).
- Cost:** \$165 (includes all hours of instruction, camp competitions and camp T-shirt).

Make checks payable to: **Lakeville North Volleyball Booster Club**. Include participant name on all checks. Registration due by Monday, July 18th. Late registrations/walk-ins will occur a \$10 fee. Complete and mail to:

LNHS Volleyball Camp
c/o Jackie Richter
1779 Cliff Road, Eagan MN 55122

Player Name	Grade (fall '22)	Phone number
Address		Email
Parent/Guardian(s) Name		Parent/Guardian(s) Number
Emergency Contact Number	List all health concerns/injuries/medications	
<small>We, the undersigned for ourselves, our heirs, executors and administrators, waive, release and forever discharge Lakeville North High School volleyball and its staff, officers, employees and representatives of harm of rights and claim for damages, injuries or loss of property which may be sustained or occurred during participation in volleyball activities. I grant permission to the Lakeville North volleyball camp staff to render any preventative measures, basic first aid, acute injury treatment deemed reasonable and necessary during camp.</small>		
Signature of Parent/Guardian	Date	Indicate shirt size: XS S M L XL

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Register online at: <https://panther-volleyball.com/camps/2022-Lakeville-north-volleyball-team-camp/>

Mail in your payment to complete registration.

T-Shirt Deadline is Monday, July 18th

Summer August

August 2022						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 ETS 7am-8:30am	2 ETS 7am-8:30am	3	4 ETS 7am-8:30am	5	6
7	8 ETS 7am-8:30am	9 ETS 7am-8:30am	10 Panther Prep Day 9am-12pm Antler's Park	11 ETS 7am-8:30am	12	13
14	15 TRYOUTS 3-6pm	16 TRYOUTS 3-6pm	17 TRYOUTS 3-6pm	18 TRYOUTS 3-6pm Teams Released	19 First Practice	20 Home Scrimmage 8am-12pm Fall Kick-Off 12pm-3pm
21	22	23	24	25	26	27
28	29	30	31			

Panther Prep Day

Panther Prep Day is open to all incoming 7th through 12th graders.

The aim is to establish connections between older/younger players before tryouts.
Coaches will not be present (program leaders will take lead) and attendance is not mandatory.
All athletes registered for tryouts are encouraged to attend this event.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7	8	9	10 Panther Prep <i>Captains Practice</i> 9am- 12pm Antlers	11	12	13

Panther Volleyball Tryouts

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14	15	16	17	18	19	20
	<p>Tryouts 10th-12th graders & returning 2021 rostered players: 3-6pm Main gym</p> <p>7th-9th graders: 3-6pm Auxiliary gym</p>	<p>Tryouts 10th-12th graders & returning 2021 rostered players: 3-6pm Main gym</p> <p>7th-9th graders: 3-6pm Auxiliary gym</p>	<p>Tryouts 10th-12th graders & returning 2021 rostered players: 3-6pm Main gym</p> <p>7th-9th graders: 3-6pm Auxiliary gym</p>	<p>Tryouts 10th-12th graders & returning 2021 rostered players: 3-6pm Main gym</p> <p>7th-9th graders: 3-6pm Auxiliary gym</p>	<p>First Practice (V) 9-12 & 1-3 (JV) 9-12 (10th) 9-12 (9A) 9-12 (9B) 9-12</p> <p>Team Pictures Uniforms/ Lockers</p>	<p>Home Scrimmage (V/JV) 8am-12pm</p> <p>Fall Kick-Off Parent/Player Meeting 12pm-3pm</p>

Tryouts

(continued)

Preparations

- * Summer Opportunities completed with maximum effort, engagement and motivation;
- * Required Fall Athletics Paperwork (Registration Form, Sports Physical (3yrs), Activity Fee);
- * Arrival time 15 minutes prior to scheduled “start time”: if you’re not early you’re late;
- * Lakeville North black (volleyball) shirt (no club shirts);
- * Unconditional (does not fluctuate nor depend on any circumstance) attitude and effort.

Process

- * Attendance is mandatory to ensure a fair and accurate evaluation of abilities with peers;
- * Four-day evaluation;
- * Attend the informational PAC meeting (virtual and TBA);
- * Receive a thorough evaluation with team placement;
- * Opportunity to discuss your tryout with coaches on Thursday;
- * Refunds are provided for any players that do not make the volleyball program.

Team Placement

Team assignment is an accumulation of:

- 🏐 Individual skill level;
- 🏐 Team skill level;
- 🏐 Position-specific based needs;
- 🏐 Intangible quality contribution:
 - 🏐 Work ethic
 - 🏐 Team mentality
 - 🏐 Leadership qualities
 - 🏐 Commitment-immediate/future
 - 🏐 Coachability
 - 🏐 Receptiveness to change
 - 🏐 Discipline
 - 🏐 Above and beyond;
- 🏐 Communication;
- 🏐 Volleyball IQ

A unified effort and commitment by the LNHS volleyball coaching staff to ensure that every athlete placement creates the highest level of success, self-challenge, team and court time impact.

Directly guided by the future vision of the head coach to target what present team assignment will support the most successful path to the highest level of future team assignment.

Aims to coordinate teams in which the experience aids in seasonal personal growth (physically/mentally) and to inspire continued personal growth after the season.

>Varsity

Participation as a member of the Varsity squad is open to all players 7th through 12th grades. Match time is not guaranteed. Every player has a role for the team development. The Head Coach will provide the practice environment for that impact to present itself.

(under the assumption that attendance, academic, effort, coach-ability, attendance and commitment have been positively exerted consistently throughout practices).

>Junior Varsity

Participation as a member of the Junior Varsity squad is open to all players 7th through 11th grades. Although play time for every set is not guaranteed, the Head Coach will identify each players role and allow that impact to present itself in the majority of matches.

(under the assumption that attendance, academic, effort, coach-ability, attendance and commitment have been positively exerted consistently throughout practices).

>10A

Participation as a member of the 10A squad is intended for and open to all 10th graders (unless numbers or critical positions are not covered). All members of the team can expect to be provided with an opportunity to impact every match.

(under the assumption that attendance, academic, effort, coach-ability, attendance and commitment have been positively exerted consistently throughout practices).

>9A

Participation as a member of the 9A squad is open to all players 7th through 9th grades. All members can expect to be provided with an opportunity to impact every match.

(under the assumption that attendance, academic, effort, coach-ability, attendance and commitment have been positively exerted consistently throughout practices).

>9B

Participation as a member of the 9B squad is intended for and open to all 9th graders (unless numbers or critical positions are not covered). All members can expect to be provided with a distributed opportunity to impact every match.

(under the assumption that attendance, academic, effort, coach-ability, attendance and commitment have been positively exerted consistently throughout practices).

Events Flyer 2022



LAKEVILLE NORTH HIGH PANTHER VOLLEYBALL 2022 PARENT/PLAYER INFORMATION

2022 EVENT SCHEDULE

TBA : PAC Meeting
 Aug 15: Season Begins (tryouts)
 Aug 20: Fall Kick-Off Meeting @ 12pm
 Aug 22: FMSC service event
 Sept 13 : Sponsor Appreciation Night
 Sept 15 : Fan/Youth Appreciation Night
 TBD : B-52 Give Back program dinner
 Sept 27 : Parent Appreciation Night
 Oct 6 : Boys Homecoming Tournament
 Oct 18 : Senior Appreciation Night

2022 SCRIMMAGE SCHEDULE

Sat, August 20 8am-12pm @ LNHS (V/JV)
 Tue, August 23 2pm-5pm @ Minnetonka (V)
 Tue, August 23 8am-12pm @ B Jefferson (JV)
 Tue, August 23 9am-12pm @ LSHS (10/9A/9B)
 Wed, August 24 8am-12pm @ Ralia (JV)
 Mon, October TBD 4pm-7pm @ Prior Lake (V)

2022 MATCH SCHEDULE

Thursday, August 25 @ Champlin Park
 Tuesday, August 30 vs Chaska
 Thursday, September 1 @ Minnetonka
 Wednesday, September 7 vs East Ridge
 Tuesday, September 13 vs Apple Valley
 Thursday, September 15 vs Prior Lake
 Tuesday, September 20 @ Eastview
 Thursday, September 22 @ Burnsville
 Tuesday, September 27 vs Shakopee
 Thursday, September 29 vs Eagan
 Tuesday, October 4 @ Bloomington Jefferson
 Wednesday, October 5 @ Farmington
 Tuesday, October 11 @ Lakeville South
 Tuesday, October 18 vs Rosemount

IMPORTANT DATES

June 13–August 11: *Summer strength and conditioning (ETS)*
 July 1: *Fall Sports Registration opens*
 Participation Fee of \$300; current physical on file;
 required paperwork available online.
 July 2–9: *No Obligations/Commitments Week*
 July 10: *Panther Pan-O-Prog Beach Volleyball Tournament*
 July 18: *Registration for High School Camp Due.*
 July 18-21: *Panther Youth Volleyball Camps, grades K-7*
 July 25-28: *High School Volleyball Camp, grades 8-12*
 July TBA: *Fall PAC Meeting, 5:30pm, Virtual*
 Aug 10: *Panther Prep Day grades 9-12, 9am-1pm*
 Aug 15: *Official start of fall season tryouts, grades 7-12*
 Aug 19: *First team practice(s) (uniforms, lockers, pictures)*

2022 TOURNAMENT SCHEDULE

VARSITY

Southwest MN Challenge @ Marshall (9/9, 9/10)
 Eagle Invite @ Apple Valley (9/23, 9/24)
 Bachman Invitational @ LNHS (10/14, 10/15)

JUNIOR VARSITY

Rochester Century (9/3)
 Champlin Park (9/24)
 Bachman Invitational @ LNHS (10/14, 10/15)

10A

Rochester Century (9/3)
 Lakeville North (9/17)
 Champlin Park (9/24)

9A/9B

9A/9B – Champlin Park (8/27)
 9A - Lakeville North (9/10)
 9B – Lakeville South (9/10)
 9B – Bloomington Jefferson (10/1)
 9A – Eagan (10/1)

IMPORTANT LINKS

LNHS Volleyball Website: <http://www.panther-volleyball.com>
 All season information, camp registrations and contact information can be found at the above site.
 2022 Panther Pan-O-Prog Beach Volleyball Tournament: <https://panther-volleyball.com/beach-volleyball-tournament/>

The informational flyer of important events can be subject to change
 (updated 4/11/22)

Sign up for program email updates!

Go to: www.panther-volleyball.com

Communications

Website/Communications Director:
Matt Christianson

Social Media Coordinator:
Megan Williams

Follow the program on Twitter at:

[@LNHSVolleyball1](https://twitter.com/LNHSVolleyball1)



Follow the program on Instagram at:

[lakeville_north_volleyball](https://www.instagram.com/lakeville_north_volleyball)



Follow the program on Facebook at: [Lakeville](https://www.facebook.com/LakevilleNorthVolleyball)

[North Volleyball](https://www.facebook.com/LakevilleNorthVolleyball)

SUBSCRIBE TO MAILING LIST

Name *

First

Last

Email *

How are you associated with LNHSVB? *

- Supporter (non-parent)
 Alumni
 LNHS Coach
 I have someone I want to follow in the program (parent, grandparent, etc).

(Please provide Player Name and Graduation Year)

Player Name

Player Grad Year

2022



Subscribe

Sponsorship

Lakeville North High School

<https://panther-volleyball.com/>



Volleyball Program

Sponsorship Program

We invite you to join our Lakeville North Volleyball family. Please consider Lakeville North's Volleyball Booster Sponsorship Program as part of your marketing strategy. Become a sponsorship partner today!

KILL	ACE	ASSIST	BLOCK	DIG
<p><i>One Season sponsorship</i></p> <p>Company name listed on the Panther scoreboard and company logo included in the home match programs</p> <p>Direct link on Volleyball webpage to Company website</p> <p>Recognition over PA system at all home events and summer beach tournament</p> <p>*Invitation to our Sponsor Recognition Night</p> <p>Social Media Promotion (Facebook, Twitter, Instagram)</p> <p>Primary space for Company name/logo on Breakdown's elite pre-season invitationals in July and August, high school camp shirts, scrimmage, and fan appreciation shirts</p> <p>Company name/logo on season team poster</p> <p>*Invitation to the Fall Kickoff Meeting</p>	<p><i>One Season sponsorship</i></p> <p>Company name listed on the Panther scoreboard and company logo included in the home match programs</p> <p>Direct link on Volleyball webpage to Company website</p> <p>Recognition over PA system at all home events and summer beach tournament</p> <p>*Invitation to our Sponsor Recognition Night</p> <p>Social Media Promotion (Facebook, Twitter, Instagram)</p> <p>Secondary space for Company name/logo on high school camp shirts</p> <p>Company name/logo on season team poster</p>	<p><i>Exclusive Event Sponsorship (2 opportunities)</i></p> <p>1. <i>Todd L. Bachman Invitational*</i></p> <p>2. <i>9A & 10A Tournaments</i></p> <p>Company name highlighted in the Tournament Program</p> <p>Company name listed on scoreboard and website</p> <p>Social Media Promotion (Facebook, Twitter, Instagram)</p> <p>Company name/logo printed on tournament champion shirts</p> <p>Sponsor table visible throughout tournament</p> <p>*Invitation to our Sponsor Recognition Night</p>	<p><i>One Season sponsorship</i></p> <p>Company name listed on scoreboard, website and home match programs</p> <p>Recognition over PA system at all home events</p> <p>*Invitation to our Sponsor Recognition Night</p> <p>Social Media Promotion (Facebook, Twitter, Instagram)</p>	<p><i>One Season sponsorship</i></p> <p>Company name listed on scoreboard, website and home match programs</p> <p>*Invitation to our Sponsor Recognition Night</p> <p>Social Media Promotion (Facebook, Twitter, Instagram)</p>
<p>SUPPORTER</p>				
<p><i>One Season sponsorship</i></p> <p>Company name listed on website</p> <p>Social media recognition</p> <p>*Fall Kickoff Meeting is a program-wide player and parent(s) meeting where you will have the opportunity to market your business both at a table and with a 5' presentation to all in attendance.</p> <p>*Todd L. Bachman Invitational is one of Minnesota's premier girls' volleyball tournaments. Please consider your sponsorship and go to https://panther-volleyball.com/ to learn more about this event.</p> <p>*Sponsor Recognition Night will provide your company the opportunity to market your business at a table in a high-traffic area throughout the evening. We will invite you to the floor between the second and third Varsity games for a personal recognition and we will encourage our spectators, over the PA system, to visit your table.</p>				

AGREEMENT FOR BUSINESS AND CORPORATE SPONSORSHIP DONATIONS

Company Name: _____

Contact Person: _____

Address: _____

Email: _____

Website: _____

Please indicate your desired level:

- Kill \$1500 (1 season)
- Ace \$1000 (1 season)
- Assist \$750 (Exclusive Event)
- Block \$500 (1 season)
- Dig \$300 (1 season)
- Supporter \$100 (1 season)

Your sponsorship will begin once your donation is received through the end of the applicable season

Sponsor Signature: _____

Date: _____

Check #: _____ Amount: _____

Return payment and form to:

**Lakeville North High School Volleyball
c/o Jackie Richter
19600 Ipava Avenue West
Lakeville, MN 55044**

The LNHS Volleyball Booster Club is a registered 'non-profit' organization. Tax ID#: 273154575

Sponsorship Deadline: June 26, 2022

Sponsorship Drive



Sponsorship Coordinator:
David Holland



A powerful way to serve the
program with minimal time



Respond to five simple
questions in under 2 minutes



Help support training
equipment, transportation,
program-wide events,
apparel, coach stipends,
banquet and other season
expenses.



Driving Sponsorship Connections

The Lakeville North Volleyball Program is seeking your help with generating potential sponsor contacts. We would greatly appreciate if you would take the time to complete the following survey. Your contributions to future Panther Volleyball partnerships are greatly appreciated!

Name: *

Short answer text

Do you know (or are you related to) a player in the Lakeville North Volleyball program? (YES: please list their name. NO: continue to the next question)

Short answer text

List the five Lakeville businesses you (and your family) frequent the most.

Long answer text

Do you have a family member (immediate or extended), friend or neighbor who runs a business? (YES: please list the business, location, and contact name. NO: continue to the next question)

Short answer text

The Lakeville North Volleyball Booster Club is thankful for your participation in the Driving Sponsorships Connection Survey. The LNVB Sponsorship Committee would like to utilize the information you have provided with our upcoming sponsorship efforts. Do you grant the LNVBCC permission to reach out on your behalf to the businesses provided above? *

Yes

No



Next program-wide meetings

PAC Meeting (Virtual and TBA)
and
Saturday, 8/20/22 at 12pm (Fall Kick-Off)

Before leaving

Contact Information Sheet

Completed forms

(beach, camps)

Sponsorship Drive Commitment

Thank You

for attending!